



Meals for all

Reduce Emergency Nutrition Risk and Expense

SAVE LIVES

Emergencies from Hurricane Katrina, earthquakes, floods, and even fires in CA have taught us a tragic lesson - proper nutrition care is critical to survival.

Meals for All can help your facility be prepared to save lives when a real emergency strikes! Compliant for therapeutic diet needs and all CMS Disaster regulations.

SAVE TIME

Meals for All saves you time on...

- Labor hours, inventory, reorder and upkeep
- Survey preparation
- Emergency Preparedness Plan included
- In-service Training provided
- Dietitian approved and supported meal plan

No recipes needed. No combining foods required. No knowledge of cooking necessary. *Meals for All* are complete meals which can be easily prepared by any staff or untrained volunteers using hot or cold water, allowing uninterrupted meal service even when gas or electricity is not available.



SAVE MONEY

Facilities save money and reduce risk, while residents benefit from improved care quality with uninterrupted nutritious meal service, even during emergencies.

Reduce Emergency Preparedness Costs

- Purchase once every 10 years
- No rotation, reorder, inventory
- 1 to 7 day solutions available
- Avoid costly survey infractions
- No trained staff or utilities needed
- Dining Kits save on trash and clean-up
- Reduce storage space needed
- Easy to transport in an evacuation

Typical emergency food supply programs consist mostly of convenience ready to heat foods. This food has a short shelf life and must be rotated every six to twelve months to maintain freshness.

Meals for All food is approximately 90% less than what would be spent for replacing these groceries in a ten-year period.



Emergency Water available



Dining Kits available

Meals for All are real foods that contain USDA inspected beef, chicken, and turkey with no soy substitutes and no preservatives. All the meals are fully cooked before dehydrating or freeze drying. **Meals for All** are packed to easily transport with the emergency victims, should an evacuation be necessary.

The **Meals for All** solution includes:



- Complete nutritionally balanced meals
- RDN planned to meet survey nutritional requirements
- Three full meals a day plus snack
- Approximately 2,000 calories
- 90-100 grams of protein with moderate sodium
- Most therapeutic diets and textures with puree available
- USDA inspected real meat and quality ingredients
- Easily prepared without utilities or trained staff
- Turnkey written emergency plan and menus included

RDN Formulated and Approved

Meals for All menus and policies were created by registered dietitians with 40 years of expertise in healthcare food services. **Meals for All** are pre-planned meals that are nutritious and suitable for most ages, diets and textures. This total solution for emergency preparedness provides the plan, the meals and all the instructions needed.

"In my 28 year career as a Dietary Manager, I have never seen a product remotely as innovative. Meals for All lifts a burden and provides confidence in survey preparedness for ten years." – PJ, DM Phoenix, AZ

Delicious Meals for All, custom formulated entrees, suitable for most therapeutic diets!

	Breakfast	Lunch	Dinner
Day 1	Apple Cereal Fortified Cracker-Biscuits Milk	Beef & Mushroom with Noodles Green Peas Apples Diced Cracker-Biscuits Milk	Chicken Curry with Rice Carrots Cracker-Biscuits Chocolate Pudding Beverage
Day 2	Apple Cereal Fortified Cracker-Biscuits Milk	Turkey & Potatoes with Cranberry Corn Niblets Peaches Diced Cracker-Biscuits Milk	Spaghetti with Mushrooms Garden Mixed Vegetables Cracker-Biscuits Banana Pudding Beverage
Day 3	Apple Cereal Fortified Cracker-Biscuits Milk	Southwest Chicken & Rice Carrots Cracker-Biscuits Vanilla Pudding Milk	Beef Stew & Potatoes Broccoli Cracker-Biscuits Vanilla Pudding Beverage

*Menu for Days 4-7 is available online @ www.mealsforall.com



Visit our FAQs:
MealsforAll.com/FAQ

- **Download the seven day menu PDF here:**
<http://mealsforall.com/emergency-products/food-and-menu-plans/menu/>
- **Newsletter Sign-up: Product information/webinars** Email "Newsletter sign-up" request to marketing@mealsforall.com
- **Preparation Tips for Meals for All:**
<http://mealsforall.com/emergency-products/food-and-menu-plans/preparation-tips-for-meals-for-all/>

SAVE LIVES - SAVE TIME - SAVE MONEY





Emergency Nutrition Solution to Save Lives and Money

Meals for all

Think emergency preparedness meals are all the same?



VS



LEARN TO ASK THE RIGHT QUESTIONS

- Are menus built around familiar foods?
- Can your plan be prepared without utilities?
- Is your plan regulatory compliant?
- Does your plan include in-service training resources?
- Can food be easily prepared by untrained staff or volunteers?
- Does your plan have a comprehensive Policy & Procedure Manual?
- Is the Policy & Procedure Manual included & updates provided free?
- Does your plan include RDN support?
- Does your plan have a long shelf life?
- Does your plan offer payment options?

+ Meals for All Emergency Preparedness consultants can help!

SAVE LIVES - SAVE TIME - SAVE MONEY





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Meals for all

DOES YOUR CURRENT

EMERGENCY plan offer all of this?

- ☑ Choose 1 to 7 day of menus with 3 meals
- ☑ 10 year proven shelf life
- ☑ Turnkey solution for healthcare Comprehensive
- ☑ Policy & Procedure Manual
- ☑ P&P included & updates provided free
- ☑ Pre-cooked freeze dried foods
- ☑ Easy prep – just add water
- ☑ Rehydrates with hot or cold water
- ☑ Registered Dietitian supported program
- ☑ Complete analysis 25 nutrients
- ☑ Training resources & videos
- ☑ Lightweight for evacuation
- ☑ Simplified inventory management
- ☑ Suitable for staff/visitors
- ☑ 100% Regulatory success
- ☑ Registered Dietitian created solution
- ☑ Suitable for most diets:
 - ☑ Mechanical Soft texture
 - ☑ Controlled CHO
 - ☑ Diabetic
 - ☑ 1500 & 1800 Calorie
 - ☑ 2 gram Sodium
 - ☑ Renal Diet
 - ☑ Low Fat/Cholesterol
- ☑ Snack option available
- ☑ Milk option available
- ☑ Puree texture available
- ☑ Vegetarian system and options
- ☑ Kosher and Halal adaptable
- ☑ Pediatric menus included
- ☑ 100% USDA meat – not just soy
- ☑ Non-GMO and no trans-fat

*Only the BEST
for your facility!*



Meals for All does!!

**Select your “right” emergency plan-
Call TODAY for a free consultation!**

916-832-MEAL (6325)

SAVE LIVES - SAVE TIME - SAVE MONEY

Meals for All, Inc.
2377 Gold Meadow Way
Gold River, CA 95670
(916)832 - MEAL (6325)



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Email: sales@mealsforall.com
www.mealsforall.com



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WATER



You asked for it -- we got it!

Consider This	Blue Can Water	All Plastic Bottled Water	Details
Shelf Life	50 Years	1 Year	If plastic bottles are exposed to heat and/or sunlight, product rapidly expedites the expiration process and can leach chemicals into the water.
Cost Savings Over Time	YES	NO	Blue Can doesn't expire every year, therefore on average Blue Can pays for itself over a 5 to 7-year period.
Reduces Storage Footprint by 50%	YES	NO	Blue Can pallets are stackable 2 high, therefore reducing floor space needed for storage.
Stays Fresh In Heat	YES	NO	Blue Can product can be stored in temperatures up to 150F. Above 80F, plastic begins to deteriorate.
Environmentally Sustainable	YES	NO	65% of aluminum is recycled and only 7% of plastic is recycled.
Pure Clean Taste	YES	NO	
Less Than 1 Part Per Million Impurities	YES	NO	FDA industry standard for bottled water is 500 parts per million.
95% Recycled Packaging	YES	NO	Blue Can packaging is made from 95% recycled aluminum.
BPA Free	YES	NO	
Without Plastic Taste	YES	NO	
Safe For Vehicle Storage	YES	NO	
Hermetically Sealed Container	YES	NO	Chemicals, bacteria, fungi, and mold won't leach through aluminum.
Highly Filtered 12-Step Process	YES	NO	Industry standard for plastic bottled water is only 4 steps.
Cost and Labor Savings	YES	NO	Blue Can purchase saves time spent reordering, filling out paperwork, and obtaining yearly budget approval.

Add Blue Can Water to your emergency meal plan!
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Emergency Nutrition Solution to Save Lives and Money



Introducing

"BIG BLUE"

32oz cans of pure water from Blue Can Water

Perfect for rehydrating Meals for All emergency meals!



Add "BIG BLUE" Blue Can Water to your emergency meal plan!

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recycled into more bottles

.....



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money by refilling this
bottle again and again

.....



EVERY BOTTLE GIVES BACK

proceeds are used to
support environmental
solutions

.....



NO SPRINGS HARMED

Brita Water is responsibly
sourced to preserve
community resources

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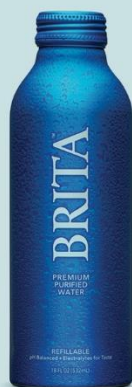




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www.MealsForAll.com

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Meals For All, Inc.

**Available direct or from
your distributor**

Call: 916-832-MEAL (6326)

Email: sales@mealsforall.com

Web: www.mealsforall.com

Thank you!