MADE TO SERVE



<b>Nutrition Facts</b>	
Serving Size	SERVING (2 CUPS)
Amount Per Serving	
Calories 348	
	% Daily Value
Total Fat 12.3g	19%
Saturated Fat 2.6g	13%
Cholesterol 37mg	12%
Sodium 370mg	15%
Total Carbohydrate 42.2g	14%
Dietary Fiber 4.4g	18%
Protein 17.8g	36%

Vitamin C 51%

Iron 15%

#### **Total Time 30 MIN.**

# **EASY**

Yields 16

### Serving & Size **SERVING (2 CUPS)**

Savory chicken sausage, tender broccoli florets, mushrooms, garlic, red chili flakes and our Campbell's® No Salt Added Condensed Cream of Chicken soup all come together overtop of rigatoni in this hearty and comforting dish.

INGREDII	ENTS	WEIGHT	MEASURE
canola oil			2 tbsp.
onion, slice	ed	9 oz.	2 cups
garlic, peel	led, chopped		1 tbsp.
Italian chic	ken sausage, yield from 1 ounce raw		32
mushroom	s, sliced	9 oz.	3 cups
crushed re	d pepper, flakes		1 tsp.
black pepp	per, ground		1 tsp.
fresh orega	ano leaves, chopped		1 tbsp.
Swanson <sup>®</sup>	Unsalted Chicken Broth		2 cups
Campbells  Cream of Chicken	Campbell's® Condensed No Salt Added Cream of Chicken Soup, 50 ounce		1 cans
frozen bro	ccoli florets	64 oz.	8 cups
fresh parsl	ey, chopped		2 tbsp.
cooked rig	atoni	52 oz.	13 cups

Vitamin A 5%

Calcium 7%



#### **INSTRUCTIONS**

- 1. Heat oil in large sauce pot. Add onions. Cook for 3 minutes.
- 2. Add garlic and sausage. Cook for 5 minutes.
- 3. Add mushrooms, red pepper flakes and black pepper. Cook for 5 minutes.
- 4. Add oregano, Swanson® Unsalted Chicken Broth and Campbell's®

Condensed No Salt Added Cream of Chicken Soup. Simmer on low or 10 minutes.

5. Add broccoli florets and parsley. Simmer for 5 minutes. CCP: Heat to a minimum internal temperature of 165°F for 1 minute. CCP: Hold for hot service at 140°F or higher until needed.

6. To Serve: Using a #4 scoop, portion 1 cup rigatoni into serving bowl. Using an 8 oz. serving spoon, top with 1 cup of sausage mushroom mix. Serve immediately.





## **Total Time**

## **30 MIN.**

### Serving & Size **SERVING (2 CUPS)**

Difficulty **EASY** 

Yields 12

A rich and creamy chicken carbonara with smoked bacon, peas, garlic and linguini and our Campbell's® No Salt Added Condensed Cream of Chicken soup.

<b>Nutrition Facts</b>	
Serving Size	SERVING (2 CUPS)
Amount Per Serving	
Calories 502	
	% Daily Value
Total Fat 17.3g	27%
Saturated Fat 5.4g	27%
Cholesterol 29mg	10%
Sodium 493mg	21%
<b>Total Carbohydrate</b> 62.6g	21%
Dietary Fiber 4.8g	19%
Protein 21.9g	44%
Vitamin A 8%	Vitamin C 11%
Calcium 9%	Iron 16%

INGREDIENTS		WEIGHT	MEASURE
bacon, yield from	n 16 ounce raw, with half drippings		1
onion, sliced thin		7 oz.	2 cups
garlic, peeled, ch	opped		1 tbsp.
black pepper, gro	bund		2 tsp.
STOCK	Swanson® Unsalted Chicken Stock		2 cups
Ac	ampbell's® Condensed No Salt dded Cream of Chicken Soup, 50 unce		1 cans
reduced fat (2%)	milk		2 cups
frozen peas		16 oz.	4 cups
cooked linguine		46 oz.	12 cups
Parmesan cheese	e, grated		4 tbsp.

#### **INSTRUCTIONS**

- 1. Cook bacon in a large sauce pot for 5 minutes. Drain off half the bacon fat.
- 2. Add onions. Cook for 5 minutes.
- 3. Add garlic and black pepper. Cook for 2 minutes.
- 4. Add Swanson® Unsalted Chicken Stock. Simmer for 3 minutes.
- 5. Add Campbell's® Condensed No Salt Added Cream of Chicken Soup. Simmer on low for 10 minutes.
- 6. Add milk, peas and cooked linguini. Simmer for 5 minutes.

CCP: Heat to a minimum internal temperature of 165°F for 1 minute. CCP: Hold for hot service at 140°F or higher until needed.

7. To Serve: Using two 8 oz serving spoons, portion 2 cups of pasta mixture in the center of a serving bowl. Garnish with 1 teaspoon of parmesan cheese. Serve immediately.







Total Time 45 MIN.

### Serving & Size **SERVING**

**EASY** 

Yields 12

INCDEDIENTS

Tender chicken, spinach, and perfectly cooked Mafalda noodles are layered in a rich sauce made with our Campbell's® No Salt Added Condensed Cream of Chicken soup.

<b>Nutrition Facts</b>	
Serving Size	SERVING
Amount Per Serving	
Calories 592	
	% Daily Value
Total Fat 22g	34%
Saturated Fat 7.8g	39%
Cholesterol 120mg	40%
Sodium 397mg	17%
<b>Total Carbohydrate</b> 45.8g	15%
Dietary Fiber 3.3g	13%
Protein 49.3g	99%
Vitamin A 25%	Vitamin C 18%
Calcium 19%	Iron 21%

INGREDIENTS	WEIGHT	MEASURE
canola oil		2 tbsp.
boneless, skinless chicken breast, yield from 1 ounce raw		63
black pepper, ground		2 tsp.
fresh parsley, chopped		2 tbsp.
garlic, minced		1 tsp.
onion, diced	11 oz.	2 cups
fresh thyme leaves, minced		1 tbsp.
spinach, fresh	12 oz.	8 cups
Swanson® Unsalted Chicken Stock		3 cups
Campbell's® Condensed No Salt Added Cream of Chicken Soup, 50 ounce		1 cans
light cream		1 cups
cooked mafalda pasta	42 oz.	12 cups
cherry tomatoes	16 oz.	36 ea.
Parmesan cheese, shredded	5 oz.	11/2 cups



#### **CHICKEN & SPINACH LASAGNA BOWL**

#### **INSTRUCTIONS**

- 1. Heat oil in a large pot. Season chicken with black pepper, 1/2 the parsley and garlic. Sauté until brown on both sides. Remove from pan and reserve.
- 2. Using the same pot, cook onions, remaining parsley and thyme for 5 minutes.
- 3.Add spinach and cook until wilted.
- 4. Add **Swanson® Unsalted Chicken Stock**. Bring to a simmer while scraping the bottom of the pot.
- 5. Add *Campbells*® *Condensed No Salt AddedCream of Chicken Soup*. Mix well and ring to a simmer. Simmer 5 minutes.
- 6. While simmering, shred chicken breast. Add to soup mixture.
- 7. Stir cream into pot and simmer for 10 minutes.
- CCP: Heat to a minimum internal temperature of 165°F for 1 minute. CCP: Hold for hot service at 140°F or higher until needed.
- 7. While simmering, heat a sauté pan over high heat. Add cherry tomatoes and toss to blister tomatoes. Remove and reserve.
- To Serve: Using a #4 spoodle, portion 1 cup of pasta in a serving bowl. Ladle 8 oz. of chicken mixture over pasta. Top with 2 tablespoons of parmesan cheese and 3 cherry tomatoes. Serve immediately.







Total Time 35 MIN.

## Serving & Size SERVING (1 CUP)

Difficulty **EASY** 

Yields 15

A savory and hearty soup packed with chicken, orzo, vegetables and herbs and spices made with our Campbell's® No Salt Added Condensed Cream of Chicken soup.

<b>Nutrition Facts</b>	
Serving Size	SERVING (1 CUP)
Amount Per Serving	
Calories 279	
	% Daily Value
Total Fat 12.1g	19%
Saturated Fat 2.9g	15%
Cholesterol 44mg	15%
Sodium 153mg	6%
Total Carbohydrate 21.1g	7%
Dietary Fiber 1.5g	6%
Protein 19.3g	39%
Vitamin A 22%	Vitamin C 10%
Calcium 6%	Iron 7%

INGREDIENTS	WEIGHT	MEASURE
boneless, skinless chicken breast, yield from 1 ounce raw, diced		32
Italian seasoning		11/2 tbsp.
olive oil		1/4 cups
onion, diced 1/4-inch	10 oz.	2 1/4 cups
carrot, peeled, diced 1/4-inch	10 oz.	2 1/4 cups
celery, diced 1/4-inch	7 oz.	13/4 cups
garlic, peeled, chopped		1 tbsp.
cooked orzo pasta	12 oz.	2 cups
Swanson® Unsalted Chicken Stock		4 cups
Campbell's® Condensed No Salt Added Cream of Chicken Soup, 50 ounce		1 cans
reduced fat (2%) milk		1 cups
fresh parsley, chopped		2 tbsp.
lemon juice		9 tbsp.
spinach	4 oz.	2 1/4 cups
Parmesan cheese, grated		2 tbsp.





#### **INSTRUCTIONS**

- 1. Mix chicken with 1 tablespoon of Italian seasoning.
- 2. Heat olive oil over medium heat. Cook chicken for 5 minutes until browned.
- 3. Add onions, celery, carrots, and garlic. Cook for 8 minutes.
- 4. Add remaining Italian seasoning, orzo, and **Swanson® Unsalted Chicken Stock**. Simmer for 5 minutes.
- 5. Add *Campbell's*® *Condensed No Salt Added Cream of Chicken Soup* and milk. Simmer until orzo is cooked, about 10 minutes.
- 6. Add parsley, lemon juice, spinach, and simmer for additional 5 minutes.

CCP: Heat to a minimum internal temperature of 165°F for 1 minute. CCP: Hold for hot service at 140°F or higher until needed.

7. To Serve: Using an 8 oz. ladle, portion 1 cup of soup in a bowl. Garnish with 1 teaspoon of parmesan cheese. Serve immediately.







Total Time

**30 MIN.** 

### Serving & Size **SERVING (SEE INSTRUCTIONS)**

**EASY** 

Yields 16

Indulge in a zesty lemon pepper chicken served over a bed of herbed farro made with our Campbell's® No Salt Added Condensed Cream of Chicken soup.

Nutrition Facts	
Serving Size	SERVING (SEE INSTRUCTIONS)
Amount Per Serving	
Calories 454	
	% Daily Value
Total Fat 14.6g	22%
Saturated Fat 3.4g	17%
Cholesterol 101mg	34%
Sodium 170mg	7%
Total Carbohydrate 31.4g	10%
<b>Dietary Fiber</b> 3g	12%
Protein 42g	84%
Vitamin A 9%	Vitamin C 6%
Calcium 7%	Iron 11%

INGREDIENTS	WEIGHT	MEASURE
boneless, skinless chicken breast, yield from 1 ounce raw		86
Italian seasoning		3 tbsp.
olive oil		333/1000 cups
onion, sliced	5 oz.	1 cups
garlic, peeled, chopped		1 tbsp.
black pepper, ground		1 tbsp.
Campbell's® Condensed No Salt Added Cream of Chicken Soup, 50 ounce		1 cans
reduced fat (2%) milk		1 cups
Swanson® Unsalted Chicken Stock		2 cups
white wine vinegar		4 tbsp.
fresh parsley, chopped		2 tbsp.
garlic powder		2 tsp.
lemon juice		333/1000 cups
cooked farro	44 oz.	8 cups
frozen mixed vegetable medley, heated according to package directions	14 oz.	3 cups





#### **INSTRUCTIONS**

- 1. Marinade chicken with 1-1/2 tablespoons Italian seasoning. Let stand for 15 minutes. 2. Heat 2 tablespoons of oil in a large pan. Add chicken and sear until cooked through, about 8 minutes. Reserve.
- CCP: Heat to a minimum internal temperature of 165°F for 1 minute.
- 2. Heat 2 tablespoons of oil in a large pot. Add onions. Cook for 3 minutes.
- 3. Add garlic. Cook for 2 minutes.
- 4. Add remaining Italian seasoning, black pepper, *Campbell's® Condensed No Salt Added Cream of Chicken Soup*, milk and *Swanson® Unsalted Chicken Stock*. Simmer on low for 10 minutes.
- 5. Add white wine vinegar, herbs, garlic powder and 2 tablespoons + 1 teaspoon lemon juice. Simmer for 5 minutes.
- 6. Mix warm, prepared farro and mixed vegetables in bowl with remaining olive oil, remaining lemon juice and parsley. Reserve.

CCP: Heat to a minimum internal temperature of 165°F for 1 minute. CCP: Hold for hot service at 140°F or higher until needed.

7. To Serve: Using a #8 scoop, portion 1/2 cup of farro into a serving bowl. Using a 4 oz. ladle, top with 1/2 cup of lemon pepper sauce. Top with 4 oz. seared chicken breast. Serve immediately.

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