

Fiesta Bowl MTG

[None]

| Cooking Time: Oven Temp: Internal Temp: | | | | | Serving Pan: Serving Utensil: | | | | | | Yield: 50 1-Bowl serving Portions: 50 1-Bowl serving | | | |
|--|-------|--------------|-------|------------|---|-------|------------|-------|-------|---|---|------|------------|----------|
| Based on default portion: 1-Bowl serving | | | | | | | | | | | | | | |
| Total Calories: 529 % from I | | | | m Protein: | rotein: 17.40 % from Carbohydrates: 55.51 % | | | | | % from Fat: 24.95 % from Sat. Fat: 9.17 | | | | |
| KCAL | FAT | SFA | FATRN | CHOL | NA | CHO | FIBTG | SUGAR | PRO | VITAIU | VITC | FE | CA | VITDIU |
| KCAL | Gram | GRAM | GRAM | MG | MG | GRAM | GRAM | GRAM | Gram | IU | MG | MG | MG | IU |
| 529 | 14.65 | <u>5.384</u> | 0.000 | <u>53</u> | 1,279 | 73.35 | <u>5.1</u> | 3.41 | 23.00 | <u>0</u> | 0.0 | 4.46 | <u>323</u> | <u>o</u> |

^{*} Nutrient values listed in bold and underlined may be understated due to nutrient values not being available on all ingredients.

Ingredients & Instructions...

| - Turkey Taco Filling | 4 Pound 9 Ounce | | | | | |
|---------------------------------|-----------------|--|--|--|--|--|
| - Ketchup | 6 Ounce | | | | | |
| - Midwest Recipe Diced Tomatoes | 1 Pound 2 Ounce | | | | | |
| - Canned Pinto Beans | 6 Pound | | | | | |
| - Mexican Fiesta Rice | 6 Pound | | | | | |
| - Water | 1 1/2 Gallon | | | | | |
| Hot | | | | | | |
| - Garlic Powder | 1 1/2 Ounce | | | | | |
| - Hot Chili Powder | 2 1/4 Ounce | | | | | |
| - Sea Salt | 2 1/4 Teaspoon | | | | | |
| - White Corn Tortilla Chips | 3 Pound | | | | | |
| - Red-Fat Shrd Cheddar | 3 Pound | | | | | |

WASH HANDS.

1. Place meat, seasonings, ketchup, tomatoes, and beans with juice in Tilt skillet and stir all ingredients together. Simmer and stir until mixture reaches 135°F.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 135°F, HELD FOR A MINIMUM OF 15 SECONDS.

2. Place in steamtable pan and hold for later service.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 135°F.

3. Cook rice and hold for service.

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4. Place 1 oz. of chips on serving plate, top with 4 oz. of rice, and 4 oz. of meat mixture. Top with shredded cheese and serve.

CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL



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[None]

TEMPERATURE OF 135°F.

Child Nutrition: 1 Each provides 1.25 oz eq grain, 1 oz eq meat/meat alternate, $\frac{1}{4}$ cup red/orange vegetable, $\frac{1}{8}$ cup beans and peas OR .75 oz eq m/ma (pinto beans)